

# Hours Of Operation

## Walk-Ins Welcome

Monday	9am- 6pm
Tuesday	9am- 9pm
Wednesday	9am- 9pm
Thursday	9am- 9pm
Friday	9am- 6pm
Saturday	9am- 6pm

## Gift Certificates Available!

Order your gift certificate today online, over the phone or walk in. We will deliver or mail your gift certificate free of charge!

Call about our Monthly Specials & Spa Packages or visit our website

[www.healingroom.ca](http://www.healingroom.ca)

2 Hilda Street  
Petawawa, ON  
K8H 1T6  
613-687-6743

Insured through Pilot Insurance Company

All prices are subject to applicable taxes

*The Healing Room Wellness Spa*

*Relax, Dream, Peace, Renew*

# The Healing Room

Wellness Spa



*Pamper Your Body Soothe Your Soul*

2 Hilda Street  
Petawawa, ON  
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## Facials

Classic Facial: Normal & Mixed Skincare		\$55.00
Re-Stabilizing Facial: Dry & Sensitive Skincare		\$60.00
Booming facial: Firming & Moisturizing Skincare		\$60.00
Soothing Facial: Congested & Blotchy Skincare		\$60.00
Advanced Facial (adding an additional cleanse to above facials)		\$65.00
Purifying Facial: Oily & Acne Skincare		\$65.00
Advanced Purifying Facial (additional cleanse)		\$70.00
Glycolic Peel: Deep Exfoliating (without mask)		\$45.00
Glycolic Peel full facial (with mask)		\$55.00
4 pack of Glycolic Peels (without mask)	savings of \$20.00	\$160.00
6 pack of Glycolic Peels (without mask)	savings of \$30.00	\$240.00
4 pack of Glycolic Peels (with mask)	savings of \$20.00	\$200.00
6 pack of Glycolic Peels (with mask)	savings of \$30.00	\$300.00
Mini Facial		\$35.00
Teen Facial		\$35.00
Advanced Teen Facial (Oily & Acne Prone Skincare)		\$45.00
Specialized Serums added to each facial		\$18.00
Advanced Masks exchanged in each facial		\$15.00
Collagen Eye Treatment		\$22.00
Add Paraffin to a facial		\$15.00
Add Hot Stone Facial Massage to selected facials		\$10.00

## Body Treatments

Turbo Glow Wrap	\$60.00
Detoxifying Cellulite Body Wrap	\$65.00
Rosemary Scalp Treatment	\$25.00
Mud Wraps	\$80.00
Algae Wraps	\$80.00
Clarifying Back Treatment	\$60.00
Add a mini facial to a body wrap	\$35.00

## Gentlemen's Services

Sports/Men's Foot Care (foot mask)	\$30.00
Sports/Men's Foot Care (with paraffin)	\$40.00
Nail Trimming (with soak)	\$15.00
Hot Stone Foot Care (with paraffin & hot stone massage)	\$45.00
Gentlemen's Hand Care	\$15.00
Gentlemen's Hand Care with Paraffin	\$25.00
Gentlemen's Hot Stone Hand Care (with paraffin & hot stone massage)	\$35.00
Gentlemen's Facial	\$55.00
Gentlemen's Purifying Facial	\$60.00

## Nail Care Package

Nail Care Packages consist of a foot file, nail brush, nail file, buffer block and are to be purchased by each new client. They are sanitized, packaged, labeled & left at the spa to only use on you. If you are just visiting the area or would prefer, you may take your kit home with you, however if you return for another pedicure or manicure without your kit then you will be charged for a new kit.

All other implements are stainless steel and will be sterilized.

### Nail Care Package \$10.00

***We have over 200 professional colour polishes too choose from!***

## Hand Care

Mini Manicure (file & Polish)	\$12.00
Meticulous Manicure	\$20.00
Masterful Manicure (with paraffin)	\$30.00
Hot Stone Manicure (with paraffin & hot stone massage)	\$40.00
Hand paraffin Treatment (hand massage included)	\$10.00
Colour Polish Change	\$10.00
French polish change	\$15.00
Add French Polish	\$6.00

## Foot Care

Mini Pedicure (soak, file & polish)	\$18.00
Simply Divine Pedicure (foot mask)	\$35.00
Decadence Pedicure (paraffin)	\$45.00
Hot Stone Pedicure (with paraffin & hot stone massage)	\$55.00
Toenail Trimming (with soak)	\$16.00
Foot Paraffin Treatment (foot massage included)	\$15.00
Polish Change	\$10.00
French polish change	\$15.00
Add French Polish	\$6.00

## Registered Reflexology

Foot Reflexology	\$60.00
Hand Reflexology	\$30.00
Hand & Foot Reflexology	\$80.00

## Massage Treatments

Duration of Treatment	Relaxation Aromatherapy	Couples Relaxation	RMT	Couples RMT
15 mins	\$25.00	\$50.00	\$30.00	\$60.00
30 mins	\$35.00	\$70.00	\$45.00	\$90.00
45 mins	\$50.00	\$100.00	\$55.00	\$110.00
60 mins	\$65.00	\$130.00	\$70.00	\$140.00
75 mins	\$80.00	\$160.00	\$85.00	\$170.00
90 mins	\$95.00	\$190.00	\$105.00	\$210.00

## Hot Stone Massage Treatments

Duration of Treatment	Relaxation Aromatherapy	Couples Relaxation	RMT	Couples RMT
15 mins	\$45.00	\$90.00	\$50.00	\$100.00
30 mins	\$55.00	\$110.00	\$65.00	\$110.00
45 mins	\$70.00	\$140.00	\$75.00	\$150.00
60 mins	\$85.00	\$170.00	\$90.00	\$180.00
75 mins	\$100.00	\$200.00	\$105.00	\$210.00
90 mins	\$115.00	\$230.00	\$125.00	\$250.00

### What is Registered Massage Therapy?

It is a clinically-oriented health option that achieves undeniable results in the relief of an array of discomforts stemming from stress, muscular overuse and many chronic pain syndromes. While many individuals might provide "massage", massage therapy should be provided by a Registered Massage Therapist (RMT). An RMT is an individual who has completed a diploma program at a recognized school of massage therapy and who has passed a registration examination offered by the College of Massage Therapists of Ontario.

### What is Relaxation/Aromatherapy Massage?

Any combination of light non-invasive strokes and kneading which produce a profound state of physical and emotional relaxation in the client. A relaxation massage relaxes the Client, however does not treat any specific condition. Clients requesting a relaxation massage with an Esthetician will not be issued a medical receipt for Insurance coverage. Only a Registered Massage Therapist (RMT) is able to do so.

## Reiki, EFT, & Cranio Sacral Therapy

**Pricing: \$65/60 min**

A single 60 min session can consist of any combination of the following treatments. To learn more about these modalities, please visit

[www.corarennie.com](http://www.corarennie.com)

## Hair Removal

When booking for all waxing services your Health & Safety is our #1 concern therefore all staff ensures that there will not be any cross contamination with all waxing supplies. Wooden spatulas are used only once and never double dipped into the wax pot. All stainless steel implements are sterilized after each use, all bottles and working surfaces are sprayed with a hospital grade disinfectant. Clean linens and towels are put out fresh for each client. All staff members will wash their hands prior to each treatment and wear protective gloves for waxing services as per Renfrew County & District Health Unit.

**Combine three or more waxing services and save 10%**

	Waxing	Sugaring
Ears	\$9.00	\$12.00
Lower Lip/Upper Lip	\$9.00	\$12.00
Eyebrow Shaping	\$10.00	\$13.00
Chin	\$10.00	\$13.00
Sides of Face	\$12.00	\$15.00
Full Face	\$40.00	\$50.00
Fingers or Toes	\$10.00	\$13.00
Arms (full)	\$28.00	\$38.00
Arms (half)	\$18.00	\$28.00
Underarms	\$16.00	\$21.00
Neck	\$15.00	\$20.00
Chest	\$35.00 (& up)	\$45.00
Abs	\$15.00	\$20.00
Shoulders	\$15.00	\$25.00
Back	\$35.00 (& up)	\$45.00
Lower or Upper Back	\$20.00	\$30.00
Half Leg	\$30.00	\$40.00
Thighs (one side)	\$15.00	\$20.00
Full Leg	\$45.00	\$55.00
Regular Bikini	\$17.00	\$22.00
Extended Bikini	\$25.00	\$30.00
Brazilian/Sphinx	\$35.00	\$45.00
Gluts'	\$15.00	\$20.00

## Laser Hair Removal

Laser hair removal for Men and Woman. The safest & most efficient state of the art laser machine now available in the Ottawa Valley. Excellent results on face, underarms, bikini, legs back and anywhere else you may have unwanted hair!!  
**Book your free 30 minute consultation today! Price list available online.**

## Children's Services

12 yrs & under

Let's get them started off on the right foot and introduce them to the Spa! We will show your Pre-teens the importance of nail care, skincare, make-up application and being proud of themselves!

Children's Manicure	\$12.00
Children's Pedicure	\$18.00
Children's Polish Change – Hands or Feet	\$8.00
Children's Facial	\$25.00
Children's Purifying facial	\$35.00
Mini Make-up Application & Mini Lesson	\$17.00

## Children's Birthday Parties

Kid-Tastic Parties (12 yrs & under)

Child's Manicure, Child's Pedicure, Mini Nail Care Kit, Birthday Surprise Baggie, Snacks & Beverages

**\$38.00 each**

**Birthday Girl \$26.00 (free manicure)**

Party On Girl (12 yrs & over)

Mini Pedicure, Mini Manicure, Mini Make up Application & Lesson  
Mini Nail Care Kit, Birthday Surprise Baggie, Snacks & Beverages

**\$55.00 each**

**Birthday Girl \$43.00 (free mini mani)**

### Would you like to add...

French Polish \$6.00

Paraffin treatment \$6.00

Nail art per nail \$1.00

\*PLEASE NOTE: PARENTS MUST INFORM STAFF ONE WEEK PREVIOUS TO PARTY OF ANY ALLERGIES TO FOOD AND/OR PRODUCTS. BIRTHDAY PARTY INVITATIONS ARE ALSO SUPPLIED FOR THE PARTY. PLEASE BOOK WELL IN ADVANCE TO ENSURE YOUR PARTY DATE!\*

## Make-Up & Tinting Services

Make up Application	\$30.00
Bridal Application	\$35.00
Application Lessons	\$45.00
Eyebrow Tinting	\$12.00
Eyelash Tinting	\$15.00

Combo Treatment

\$25.00

## Spa Packages

All Spa Services in our Packages (with the exception of Registered Massage Therapy) are discounted at 15% or more! Please Note, when booking for a package state the preference of RMT or Relaxation with an Esthetician.

### Soothe Your Senses

Meticulous Manicure, Simply Divine Pedicure & Classic Facial  
Reg. \$110.00, Now \$92.00

### Just a Taste

Mini Manicure, Mini Pedicure & Mini Facial  
Reg. \$65.00, Now \$55.00

### On The Rocks

(with RMT or Esthetician)

Hot Stone Manicure, Hot Stone Pedicure & 30 Minute Hot Stone Massage  
Reg. \$160.00, **Now \$145.00 with RMT**  
Reg. \$160.00, **Now \$136.00 with Esthetician**

### Heavenly Body

(with RMT or Esthetician)

60 minute Massage, Advanced Facial, Masterful Manicure & Decadence Pedicure  
Reg. \$210.00, **Now \$189.00 with RMT**  
Reg. \$210.00, **Now \$174.00 with Esthetician**

### Mommy-to-Be

(Massage with RMT only)

45 minute Pregnancy Massage, Simply Divine Pedicure & Soothing Facial  
Reg. \$150.00, **Now \$135.00**

### Girls Just Want to Have Fun (for two Ladies)

Two Decadence Pedicures, Two Masterful Manicures & Two Mini Facials  
Reg. \$220.00, **Now \$187.00**

### Relax & Renew Couples Package

Two 60 minute Massages, Two Meticulous Manicures and Two Simply Divine Pedicures.

Reg. \$250.00, **Now \$233.00 (with 2 RMT'S)**

**With Masterful Manicures and Decadence Pedicures - \$267.00**

Reg. \$240.00, **Now \$204.00 (with 2 Esthetician's)**

**With Masterful Manicures and Decadence Pedicures - \$238.00**

Reg. \$245.00, **Now \$218.00 (with 1 RMT & 1 Esthetician)**

**With Masterful Manicures and Decadence Pedicures - \$252.00**